



ICE BREAKER QUESTIONS

- Are you really listening? What did you hear the last man say?
- Complete the statement: If our family inherited a million dollars, I would like for us to...
- Complete the statement: My favorite time of day is...
- Complete the statement: Someone I can always trust is...
- Complete the statement: Something I really need from my family is...
- Complete the statement: The most patient member of my family is...
- Complete the statement: The thing that we disagree the most about in our family is...
- Complete the statement: What I like about my parents is...
- Complete this statement: My greatest goal in life is...
- Complete this statement: Something I really appreciate is _____.
- Complete this statement: What I would like my children to inherit from me is...
- Describe the perfect wife.
- Describe your father in three words.
- Describe your life at age 70.
- Describe your mother in three words.
- Dream up a fantastic vacation for you and your family and tell about it.
- Give an imaginary gift to each member of your family (something you think they would really like).
- Give your description of the ideal family.
- How do you act when someone hurts your feelings?
- How do you act when you are angry?
- How do you feel about growing old
- How do you feel about the "rules" in your family?
- How do you feel when you know that you have upset someone in your family?
- How do you feel when you stand up for somebody?
- How do you handle opposition?
- How do you show your love for the people in your family?
- How do you think the person across from you would describe you to someone else?
- How would other people describe your listening skills?

- How would you describe your family to someone else?
- How would you like to change your family to make it better?
- If someone nags you, how does it make you feel?
- If you could change your age, what age would you be?
- If you could have anything you want, what would it be?
- If you could have been someone in history, who would you have been?
- If you could receive a sixth sense, what would you want it to be?
- If you were asked to draw a picture of something to symbolize the members of your family, what would you draw for each one?
- In what situation do you find yourself most impatient?
- In what ways do you act like a child?
- Look at the members of your family and describe each one in one word.
- Make a statement about success.
- Name something you enjoy doing with your family.
- Name three things that make your family happy.
- Of all the material possessions that you have, what do you enjoy the most?
- Say something about arguing.
- Say something about marriage.
- Say something to each member of the group that you think he would enjoy hearing.
- Share a big letdown in your life.
- Share a concern that you have for one of your family members.
- Share a frustration that you have.
- Share a funny thing that happened to you when you were a child.
- Share a time in your life when you were embarrassed.
- Share a time when you felt left out.
- Share a time when you felt lonely.
- Share a time when you were really frightened.
- Talk about a time when you really had fun with your family.
- Talk about one of your bad habits.
- Talk about someone whom you really respect and admire.
- Talk about the best day of this past week.
- Talk about your temper and what you do when you lose it.
- Tell about a dream that you remember.
- Tell about a family or person that you know that seems happy.
- Tell about a thing that you did as a child that was really dumb.
- Tell about a time when you felt ashamed.
- Tell about a time when you felt depressed.
- Tell about a time when you felt guilty.
- Tell about a time when you felt proud of yourself.
- Tell about something that really upsets you.
- Tell about something that you'd like to accomplish in the coming year.
- Tell about your favorite holiday and tell why you think it is special.
- Tell about your favorite TV show and why it is.
- Tell us about a concern you have for a family member or friend that you believe needs prayer.
- Tell what makes a happy family.

- Think of something nice that someone in your family has done and express your appreciation.
- Thinking back, what can you identify as a turning point in your life?
- To whom can you tell your deepest secret?
- What do you like most about yourself?
- What do you think about sarcastic remarks?
- What do you think your friends say about you when you're not around?
- What family holiday experience has left pleasant memories?
- What freedom do you value the most?
- What is likely to cause you to "blow up"?,
- What is the best thing for you to do when you feel yourself becoming angry?
- What is the best way for someone to show you love?
- What is the most sentimental possession that you have?
- What is your best friend like?
- What is your favorite room in your house and why?
- What is your favorite sport and why?
- What lifetime dream are you still trying to make come true?
- What makes you feel insecure?
- What makes you feel proud?
- What significant thing are you trying to get done?
- What talent do you wish you had?
- What worries you the most?
- What would you like to invent to make life better
- When have you felt faithless?
- When you are alone and no one can see you or hear you, what do you like to do?
- When you feel sad, what is the best thing someone can do for you?
- Who do you think is the most generous member of your family?
- Who do you think is the most helpful member of your family?
- Who has helped you most in your life and how have they helped you?
- Who in your family do you feel that you can communicate with?
- Who in your family do you have the most difficulty communicating with?
- Who in your family has the best sense of humor?
- Who is the most loving member of your family?