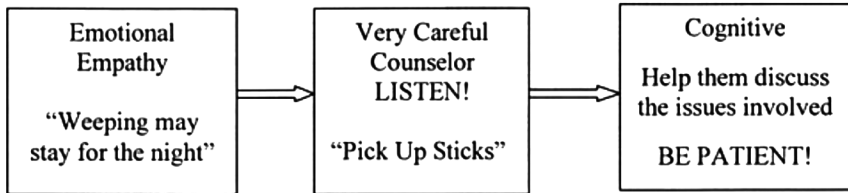




# GRIEF COUNSELING

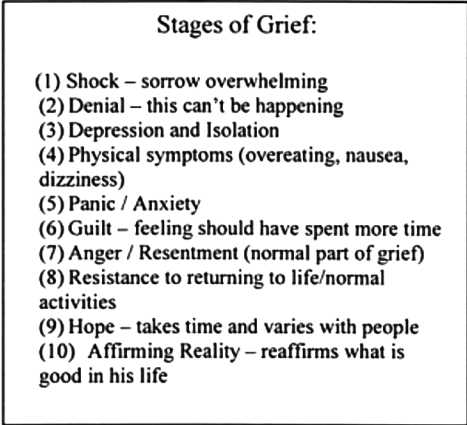


When a person is grieving (it's nighttime). The big mistake we can make is to try to hurry, to accelerate the work that grief is doing.

Do not try to impart synthetic joy before grief has done its work

Try to help the man by maybe picking out something that is on his mind that he is able to talk about.  
e.g. – talk about how much he misses his wife; discuss his biggest financial worry, etc.

Do not deny the pain.  
It is REAL.  
Let it have its way.



“Sing the praises of the Lord  
you his faithful people  
praise his holy name  
for his anger lasts only a moment  
but his favor last a lifetime  
**Weeping may stay for the night  
but rejoicing comes in the morning.”**  
Psalms 30:5